



# ಜೆನರಲ್ ಪೆನ್ಷನರ್ಸ್ ಮ್ಯೂಸಿಂಗ್ಸ್

## PENSIONERS' MUSINGS

NEWSLETTER OF SBI PENSIONERS' ASSOCIATION (KARNATAKA)

Vol.: 12 Issue: 10 Bangalore October - 2022 Pages : 20 Subscription per Copy Rs. 12.50

*Editorial.....* 

### MESSAGES

We are receiving number of Whatsapp Messages daily. These messages are taking lot of our time. Out of the Messages we receive, some are worth reading, few are fake, while others are false. We should be very careful about these messages.

All the messages that we are receiving may or may not be very useful. Some unwanted messages are not related to us. Most of the messages are not authenticated, but are confusing.

As far as the members of the Pensioners Association are concerned, one should be very careful about the messages they are receiving. Especially with online Banking, we should be vigilant. Most of us who have worked manually are not familiar with online Banking. If we respond to the false messages, we may land in trouble.

Some times we receive irrelevant messages. Most of them are forwarded messages. Forwarded messages may be too lengthy also. It consume much of our time in reading and occupy lot of space in our mobile phone.

Recently a forwarded message received by us relates to the submission of LIFE CERTIFICATE. It was a Memorandum issued by Central Government with regard to submission of Life Certificates by its retired employees, whose Pension Accounts are maintained with Banks. Instructions through that Memorandum was related to submission of Life Certificates by Central Government Pensioners. According to these instructions Government Pensioners in the age group of 80 years and above

are required to submit Life Certificates from October onwards.

According to some other forwarded message, Life Certificates are to be submitted during the month according to their date of birth.

Though these instructions are not applicable to S.B.I Pensioners, number of enquiries are being received at the Pensioners Association Office from our members .

SBI Pensioners Federation sought clarification from the Corporate Office. Accordingly, it is clarified that S.B.I Pensioners are required to submit their LIFE CERTIFICATES from 1st November every year and there is no change. Hence our members are requested not to get confused about this information.

Further, our members are requested to believe the authenticated source of information from our Corporate Centre, Pensioners Association and Pensioners Federation.

Even in the case of status of Court cases, so many news are spread from different quarters of social media. We appeal to the members not to be carried away on what is appearing in social media and other source of news which may demoralize the Leaders of the Federation and its affiliates. Authenticated news will be shared by the Pensioners Asasociation/Federation.

The proforma of LIFE CERTIFICATE to be submitted by SBI Pensioners/Family Pensioners has been published separately in this issue. ●

ಭಾರತೀಯ ಸ್ಟೇಟ್ ಬ್ಯಾಂಕ್ ಪಿಂಚಣಿದಾರರ ಸಂಘ (ಕರ್ನಾಟಕ), ಬೆಂಗಳೂರು

38ನೇ ವಾರ್ಷಿಕ ಸರ್ವ ಸದಸ್ಯರ ಸಭೆ

ಸಂಘದ 38ನೇ ವಾರ್ಷಿಕ ಸರ್ವ ಸದಸ್ಯರ ಸಭೆಯನ್ನು ದಿನಾಂಕ 20-12-2022, ಮಂಗಳವಾರ,  
ಬೆಳಿಗ್ಗೆ 10.00 ಗಂಟೆಗೆ

ಶ್ರೀ ವಿದ್ಯಾ ವಿಹಾರ,  
ಶ್ರೀ ಚಂದ್ರಶೇಖರ ಭಾರತಿ ಕಲ್ಯಾಣ ಮಂಟಪದ ಆವರಣ,  
ಶ್ರೀ ಪಂಪ ಮಹಾಕವಿ ರಸ್ತೆ, ಶಂಕರಪುರಂ,  
ಬೆಂಗಳೂರು - 560 004

ಇಲ್ಲಿ ನಡೆಸಲು ತೀರ್ಮಾನಿಸಲಾಗಿದೆ.

ಸಂಘದ ಸದಸ್ಯರು ತಮ್ಮ ಸಹಸದಸ್ಯರೊಡನೆ ವಾರ್ಷಿಕ ಸಭೆಯಲ್ಲಿ ತಪ್ಪದೆ ಹಾಜರಿರಬೇಕಾಗಿ ವಿನಂತಿ.  
ಪ್ರಧಾನ ಕಾರ್ಯದರ್ಶಿಗಳ ವರದಿ ಹಾಗೂ ಲೆಕ್ಕ ಪತ್ರಗಳ ವಿವರಣೆಯನ್ನು ಕಳುಹಿಸಿಕೊಡಲಾಗುವುದು.

ಬೆಂಗಳೂರು  
ದಿನಾಂಕ : 20.10.2022

ಪ್ರಧಾನ ಕಾರ್ಯದರ್ಶಿ

**S.B.I. Pensioners' Association (K), Bengaluru**

**38th Annual General Body Meeting**

**NOTICE**

**38th Annual General Body Meeting of our Association will be held on Tuesday the 20th December 2022 at 10.00 a.m. at the following venue. Kindly make it convenient to attend the meeting along with your Associate member without fail.**

Venue  
**"Sri Vidya Vihara"**  
Sri Chandrashekhara Bharathi Kalyana Mantapa Compound  
Sri Pampa Mahakavi Road, Shankarapuram,  
Bangalore - 560 004.

The General Secretary's report and audited financial statements will follow.

Bangalore  
Date : 20.10.2022

General Secretary

# S B I EMPLOYEES' PENSION FUND

## LIFE CERTIFICATE

(REGULAR PENSIONER)

To whomsoever it may concern

Certified that Shri/Smt. \_\_\_\_\_, (PF INDEX NO. \_\_\_\_\_) a pensioner of the Bank appeared before me today and signed/affixed his/her LTI below in my presence. His/her Pension Account Number is \_\_\_\_\_.

Signature/LTI of Pensioner  
Date :

Branch Manager/Gazetted Officer  
(Office Seal)

I declare that I have accepted / not accepted any employment.

I declare that I have been employed / re-employed in the Office of the \_\_\_\_\_ w.e.f. \_\_\_\_\_.

Signature/LTI of Pensioner  
Date :

Branch Manager/Gazetted Officer  
(Office Seal)

Present Address : Address Line 1 \_\_\_\_\_  
Address Line 2 \_\_\_\_\_  
City & Pincode \_\_\_\_\_  
Phone No. \_\_\_\_\_

### ACKNOWLEDGEMENT

Received Life Certificate from Shri/Smt \_\_\_\_\_ (PF Index No. \_\_\_\_\_) for the year 2018.

Branch :  
Date

Branch Manager (Seal)

**STATE BANK OF INDIA**

BRANCH CODE & NAME : \_\_\_\_\_

**S B I EMPLOYEES' PENSION FUND  
DECLARATION-CUM-LIFE CERTIFICATE  
(FAMILY PENSIONER)**

**WIFE**

I Smt. \_\_\_\_\_ widow of late Shri \_\_\_\_\_ (PF Index No. \_\_\_\_\_) a deceased employee/pensioner hereby declare that I have not remarried till date. I undertake to inform the Bank in the event of any change in this position.

**ELDEST SON**

I Shri \_\_\_\_\_ eldest son of late Shri \_\_\_\_\_ (PF Index No. \_\_\_\_\_) a deceased employee/pensioner hereby declare that I am not employed/\*gainfully employed till today, the \_\_\_\_\_ day of \_\_\_\_\_ 200 /I am employed and my monthly income from such employment is Rs. \_\_\_\_\_. I undertake to inform the Bank as soon as there is a change in this position.

**ELDEST DAUGHTER**

I, Kum. \_\_\_\_\_ eldest unmarried daughter of late Shri \_\_\_\_\_ a deceased employee/pensioner hereby declare that I am neither married nor employed/\*gainfully employed till today, the \_\_\_\_\_ day of \_\_\_\_\_ 200 /I am employed and my monthly income from such employment is Rs. \_\_\_\_\_. I undertake to inform the Bank as soon as there is a change in this position.

Signature/LTI of Wife/ Address : \_\_\_\_\_

Signed in my presence

Eldest Son/Eldest Daughter \_\_\_\_\_

Branch Manager/Gazetted Officer

Date :

(Office Seal)

**FOR WIFE/ELDEST SON/ELDEST DAUGHTER**

Certified that Smt/Shri \_\_\_\_\_ Wife/Son/Daughter of late Shri \_\_\_\_\_ a deceased employee/pensioner of the Bank appeared before me today and signed/affixed his/her LTI below in my presence.

Signature/LTI of Wife/Eldest Son/Eldest Daughter

**FOR LEGAL GUARDIAN**

I Smt/Shri \_\_\_\_\_ legal guardian of Master/Miss \_\_\_\_\_ eldest son/daughter of late Shri \_\_\_\_\_ a deceased employee/pensioner of the Bank hereby declare that Master/Miss \_\_\_\_\_ is alive as on this date, the \_\_\_\_\_ day of \_\_\_\_\_ 200 and undertake to intimate the Bank as soon as there is a change in this position.

Signature/LTI of the legal guardian of

Master/Miss \_\_\_\_\_

Signed in my presence

Eldest Son/Daughter of the deceased

Employee/pensioner

Branch Manager/Gazetted Officer

Date : \_\_\_\_\_

(Office Seal)

**ACKNOWLEDGEMENT**

Received Life Certificate from Shri/Smt \_\_\_\_\_ (PF Index No. \_\_\_\_\_) for the year 2012.

Branch :

Date :

Branch Manager (Seal)

## HEALTH CHECKUP CAMP AT AO HUBBALLI ORGANISED BY MEDI-ASSIST AS A PART OF THEIR ANNUAL PROGRAMME

A health check up camp was organized by MEDI-ASSIST at AO, HUBBALLI, on 13th October 2022, for our Pensioners as a part of their ANNUAL PROGRAMME . A team of Medical Professionals had arrived from Shuchirayu Hospital, Hubballai. Routine tests like

- i. Random Blood-Sugar
- ii. Blood Pressure
- iii. Body Mass Index.

**CARDIAC HEALTH CAMP  
for Pensioners to be held  
on 9th Nov. 2022  
at LHO Auditorium  
Time 10 am onwards.**

were carried out. In a few exceptional cases the doctors recommended ECG Test, Around 60 Pensioners and their family members availed of the benefit. After the tests, the team of Doctors prescribed medicines where necessary in addition to counseling.

2. Meeting was inaugurated by the Regional Manager, RBO-1, Hubballi, Shri Ravindra Kumar Gupta. In his inaugural address Shri. Gupta welcomed the Medical Professionals and the pensioners. He also assured of help from Bank wherever possible and wished god speed and good health to all the pensioners.

**Report : R.A. Choudhari**

## Health Checkup Camp arranged by Anand Rathi Med Insurance Group, for SBI Pensioners





The Chief General Manager,  
State Bank of India,  
All Circles/ CAG/CCG/SARG

Dear Sir/ Madam,

**REVISION IN INTEREST RATES ON DOMESTIC RETAIL TERM DEPOSITS  
(BELOW RUPEES TWO CRORES) W.E.F. 15<sup>th</sup> OCTOBER, 2022**

Please refer to our Circular No. CFO/IT-ALM-INTEREST/7/2022-23 Dated 12<sup>th</sup> August, 2022 advising changes in interest rates on Domestic Retail Term Deposits.

It has now been decided to revise the interest rates for **Domestic Retail Term Deposits 'Below Rupees Two Crores'** w.e.f. **15<sup>th</sup> October 2022** as under:

**Retail Term Deposits (Below Rs. Two Crores)**

(Rates in % per annum)

<b>Tenors</b>	<b>Existing Rates for Public w.e.f. 13/08/2022</b>	<b>Revised Rates for Public w.e.f. 15/10/2022</b>	<b>Existing Rates for Senior Citizen w.e.f. 13/08/2022</b>	<b>Revised Rates for Senior Citizen w.e.f. 15/10/2022</b>
7 days to 45 days	2.90	<b>3.00</b>	3.40	<b>3.50</b>
46 days to 179 days	3.90	<b>4.00</b>	4.40	<b>4.50</b>
180 days to 210 days	4.55	<b>4.65</b>	5.05	<b>5.15</b>
211 days to less than 1 year	4.60	<b>4.70</b>	5.10	<b>5.20</b>
1 Year to less than 2 year	5.45	<b>5.60</b>	5.95	<b>6.10</b>
2 years to less than 3 years	5.50	<b>5.65</b>	6.00	<b>6.15</b>
3 years to less than 5 years	5.60	<b>5.80</b>	6.10	<b>6.30</b>
5 years and up to 10 years	5.65	<b>5.85</b>	6.45	<b>6.65</b>

**2. Bank has also introduced specific tenor scheme of "1000 days" at Rate of Interest of 6.10 % w.e.f 15- Aug- 2022 for 75 days (till 28-Oct-2022).**

3. The interest rate payable to SBI Staff will be 1.00% above the applicable rate for public.

The rate applicable to all Resident Indian Senior Citizens will be 0.50% above the rate payable for all tenors except "**SBI Wecare**" deposit scheme (details are in next para) where an additional premium of 30 bps is payable. SBI Pensioners who are Resident Indian Senior Citizens will get the benefit of 1% applicable to Staff, 0.50% applicable to resident Indian Senior Citizens above the applicable rate for public and an additional 30 bps if the deposit is under "SBI Wecare" deposit scheme. However, NRO/NRE deposits

of Staff are not eligible for additional 1% interest otherwise applicable to staff domestic retail deposits.

4. A special "SBI Wecare" Deposit for Senior Citizens was introduced in the Retail TD segment from 27.05.2020, wherein an additional premium of 30 bps (over & above the existing 50 bps) is payable to Senior Citizens on their retail TD for '5 Years and above' tenor only. The "SBI Wecare" deposit scheme is valid up to 31<sup>st</sup> March, 2023.

#### **5. Premature Withdrawal**

The penalty on premature withdrawals of Domestic Retail Term Deposits will be as under:

- a) For Retail Term Deposits up to Rs.5.00 lacs the penalty for premature withdrawal will be 0.50% (all tenors).
- b) For Retail Term Deposits above Rs.5.00 lacs but below Rs.2 Crores, applicable penalty will be 1% (all tenors).
- c) There is no discretion for reduction/waiver of penalty for premature withdrawal of term deposits.
- d) The interest shall be 0.50% or 1% below the rate applicable at the time of Deposits for the period Deposit remained with the Bank or 0.50% or 1% below the contracted rate, whichever is lower for Retail Term Deposits up to Rs.5.00 lacs and above Rs.5.00 lacs respectively. However, no interest will be paid on Deposits which remain for a period of less than 7 days.
- e) No premature penalty will be levied on Staff and SBI Pensioners Deposits. Interest Rate to be paid on premature withdrawal of Term Deposits by Staff and SBI Pensioners will be same as applicable for the period the Deposit has remained with the Bank.

6. All other terms and conditions remain unchanged. Please instruct the branches under your control accordingly.

Yours faithfully,

**Chief General Manager (FC)**  
**(Pawan Kumar Kedia)**

## ATTENTION

### Despatch of Pensioners Musings

Please note that the despatch of Pensioners' Musings will be discontinued in following cases.

- a) Those who have not paid annual subscription towards membership as well as for magazine for more than 3 years.
- b) Those members who have paid life time membership for magazine only but not paid annual subscription for membership for more than 3 years.

## SUBSCRIPTION FOR SENIOR MEMBERS

Members who have paid subscription continuously for 10 years and who have completed 75 years of age have to pay Rs. 200/- being 50% of future Annual Membership subscription along with Rs. 150/- towards the magazine subscription.

Members who have paid subscription continuously for 10 years and who have completed 80 years of age need not pay future annual membership subscription, but have to pay only Rs. 150/- towards magazine subscription.

## Subscription

**Annual Membership subscription (Rs. 400), and Magazine subscription (Rs.150) is payable in January for every calendar year. We appeal to the members to send subscription along with the arrears, if any. Further, Pensioners Musings will be sent only to the members who pay the Annual Membership subscription along with the subscription for the magazine.**

## PAYMENT OF ANNUAL SUBSCRIPTION

Membership and Magazine subscription members can directly remit the amount to our Current Account No. 36301300122 IFSC Code - SBIN0000813 maintained at our Bangalore Branch.

Members are requested to advice us after remitting the amount and send their membership No., PF No., on Mobile No. 9448994148 to enable us to issue receipts. Receipts will be issued only after receiving the **message** from your side. Receipts will be sent to you by post. Kindly advice us in case of any changes in your address.

Please note that our website : [www.sbipensionerkar.in](http://www.sbipensionerkar.in) can be accessed for information.

(Only SMS messages and not whatsapp)

## ADMISSION OF NEW MEMBERS

The following were admitted as members of Pensioners' Association during SEPTEMBER

Sl.No	Mem. No.	Name (Smt/Sri)	Mobile No.
1	5550	K P Nagarja	9448451326
2	5551	S Parthasarathy	9900721946
3	5552	Raghavendra D Kulkarni	9480224786
4	5553	Shekar Naik R	9620862163
5	5554	Appasaheb P Huddar	9480028540
6	5555	Rajfendra R	9342355747
7	5556	Meera Shashikanth Uchil	9945860281
8	5557	Subbanna Naik A G	9481309365
9	5558	Shrimant Dassappa Hulyal	9480214901
10	5559	Shridhar V Desai	9611046881
11	5560	Suresh B Basappagol	9448920582
12	5561	Ganapati D Todurkar	9916820024
13	5562	Ganesha	6363141516
14	5563	Kasturi Obulesh	9448994110
15	5564	Vishwajit B	9449186035
16	5565	Paranthaman.G	9886773447
17	5566	Parasappa M H	9449650055
18	5567	Vidyacharan Chetty	9482213591
19	5568	Gayathri Puttaswamy	8050080700
20	5569	Krishna Naik A	9449639303

We extend a warm welcome to all members to the SBI Pensioners Association(K)

### SPECIAL DONATION

M.No	Name	Amount
3296	SI Patil	1000
FP 673	Kamal S Yakpurkar	1000
FP 669	Sunita M Telangi	1000
FP 710	Rajashree V Habib	2500
4553	G V Deshpande	2000
FP 511	Rajshree S. Kaler	5000

We thank the above members.

### CORRIGENDUM

In our last issue on page no.5 under obituary column, it was inadvertently and by oversight printed as Prabhkar Kerur instead of Prabhakar Heroor. The oversight is highly regretted.

"We wish Prabhakar Kerur very long and healthy life.

## DEATH RELIEF FUND (Rs. 5,000/- each) PAID SINCE LAST REPORT

Sl.No	Mem.No	NAME OF THE DECEASED Pensioner/Family Pensioner/ Associate member	AMOUNT PAID TO
1	891	A K DakshinaMurthy	D.Rajakumari
2	2896	Sumithra Upadya	Ganesh Upadya H
3	2261	S.Y Chavan	Smt. Kanchan
4	671	S N Ganiger	Smt. Borawwa Ganiger
5	602	L M Souza	Judith Souza
6	982	G S Metri	Anupama G M
7	4240	Suresh T Rathod	Parvatibai S Rathod
8	2631	Leo Rodrigues	Felcy Rodrigues

MEM. NO.	NAME	DIED ON
4240	Dr.Suresh T Rathod	02-06-2022
1228	Babu Premdas	
649	M S Shanthappa	04-03-2015
982	G S Metri	19-05-2021
891	A K Dakshinamurthy	20-09-2022
2896	Sumithra Upadya Spouse of Ganesh Upadya	29-08-2022
2261	Siddaji Y Chavan	23-09-2022
671	S N Ganiger	07-02-2022
602	L M Souza	28-09-2022
2631	Leo Rodriguez	08-04-2021
3997	Arni Madhusudana Rao	03-10-2022
2357	A. M. Shah	29-09-2022



### OBITUARY

*'Pensioners Musings' conveys its condolences to the bereaved family and prays to the Almighty to bestow strength and courage on them to bear the loss. May the souls rest in peace.*

### EDITORIAL COMMITTEE

Sri M. G. Venkatesha Murthy	Editor	Sri Raghavendra A. Choudhry	Member
Sri T. Ramesh Rao	Member	Smt. Renuka Desai	Member
Sri A. L. Ramaswamy Rao	Member	Sri Puttabasavaiah	Member
Sri G. D. Nadaf	Member		

## ನಿಮಗೆ 60 ವರ್ಷ ಆಯಿತಾ.....

ನೀವು....

- ಸ್ನಾನ ಮಾಡುವಾಗ ("ನಾನು ಸ್ನಾನಕ್ಕೆ ಹೋಗುತ್ತಿದ್ದೇನೆ" ಎಂದು ಮನೆಯಲ್ಲಿರುವವರಿಗೆ ತಿಳಿಸಿ ಹೋಗಿ) ಸುಮ್ಮನೆ ಬಾಗಿಲು ಹಾಕಿಕೊಳ್ಳಿ, ಚಿಲಕ ಹಾಕಬೇಡಿ.. ಸ್ವೂಲು ಅಥವಾ ಚೇರ್ ಮೇಲೆ ಕೂತ್ಕೊಂಡು ಸ್ನಾನ ಮಾಡಿ, ನಿಂತುಕೊಂಡು ಸ್ನಾನ ಮಾಡಬೇಡಿ.
- ಕಮೋಡ್ ಬಳಸುವಾಗ ಏಳಲು, ಕೂರಲು ಸಹಾಯವಾಗುವಂತೆ, ಒಂದು ಹ್ಯಾಂಡಲ್ ಹಾಕಿಸಿಕೊಳ್ಳಿ.
- ಹೆಂಗಸರಾಗಲಿ ಗಂಡಸರಾಗಲಿ ಪ್ಯಾಂಟನ್ನು ಹಾಕಿಕೊಳ್ಳುವಾಗ ನಿಂತುಕೊಂಡು ಹಾಕಿಕೊಳ್ಳಬೇಡಿ. ಚೇರ್ ಮೇಲೆ ಅಥವಾ ಬೆಡ್ ಮೇಲೆ ಕೂತ್ಕೊಂಡು ಹಾಕಿಕೊಳ್ಳಿ.
- ನಿದ್ರೆ ಮಾಡಿ ಎಳುವಾಗ, ಎದ್ದು ಕೂತುಕೊಂಡು 30 ಸೆಕೆಂಡುಗಳ ನಂತರ ಓಡಾಡಿ.. ಮುಖ್ಯವಾಗಿ ರಾತ್ರಿಯ ಹೊತ್ತು.
- ಒದ್ದೆ ಅಂದರೆ ನೀರು ಇರುವ ಜಾಗದಲ್ಲಿ ಓಡಾಡಬೇಡಿ.. ನದಿ, ಸಮುದ್ರ, ಜಲಪಾತ.. ಇಲ್ಲೆಲ್ಲಾ ಹುಷಾರಾಗಿರಿ..
- ಚೇರ್, ಬೆಂಚ್‌ಗಳ ಮೇಲೆ ನಿಂತು ಯಾವುದೇ ಕೆಲಸವನ್ನು ಮಾಡಬೇಡಿ.. ಬ್ಯಾಲೆನ್ಸ್ ತಪ್ಪುವ ಸಾಧ್ಯತೆ ಇರುತ್ತದೆ..
- ಕಾರ್ ಅಥವಾ ಬೈಕ್ ವಾಹನಗಳನ್ನು ಓಡಿಸುವಾಗ ಒಬ್ಬರೇ ಹೋಗ್ಬೇಡಿ.. ಯಾರಾದರೂ ಜೊತೆಯಲ್ಲಿ ಇರಲಿ.
- ಯಾವುದೇ ಮೆಡಿಸನ್(ಔಷಧಿ) ಡಾಕ್ಟರ್ ಸಲಹೆ ಪಡೆಯದೇ ನೀವಾಗೇ ತೆಗೆದುಕೊಳ್ಳಬೇಡಿ.
- ನಿಮಗೆ ಏನು ಅನಿಸುತ್ತೋ ಅದನ್ನೇ ಮಾಡಿ.. ನಿಮಗೆ ಸಮಾಧಾನವಾಗುತ್ತದೆ. ಯಾರೋ ಹೇಳಿದರು ಅಂತ ಏನೇನೋ ಮಾಡಬೇಡಿ.
- ಎಲ್ಲಿಗಾದರೂ (ಬ್ಯಾಂಕ್, ಶಾಪ್, ಶಾಪಿಂಗ್, ಮಾರ್ಕೆಟ್‌ಗೆ) ಹೋಗಬೇಕಾದರೆ ಗಂಡ ಅಥವಾ ಹೆಂಡತಿ, ಇಲ್ಲಾದರೆ ಮಕ್ಕಳು (ಯಾರಾದರೂ ಸರಿ) ಅವರ ಜೊತೆ ಹೋಗಿ.
- ಮನೆಯಲ್ಲಿ ಒಬ್ಬರೇ ಇರಬೇಕಾದರೆ ಗುರುತು ಪರಿಚಯವಿಲ್ಲದವರನ್ನು ಮನೆಯೊಳಗೆ ಸೇರಿಸಬೇಡಿ. ಊಟ ತಿಂಡಿ ತಿನಿಸುಗಳು ಮುಂತಾದವನ್ನು ತೋರಿಸುವಾಗ ಎಚ್ಚರಿಕೆಯಿಂದ ವ್ಯವಹರಿಸಿ.
- ಮನೆಯ ಮೇನ್ ಡೋರ್ ಕೀ ಗಂಡನ ಹತ್ತಿರ ಒಂದು, ಹೆಂಡತಿಯ ಹತ್ತಿರ ಒಂದು ಇರಲಿ.
- ನಿಮ್ಮ ಬೆಡ್ ರೂಮಿನಲ್ಲಿ ಒಂದು ಕಾಲ್ ಬೆಲ್ ಇದ್ದರೆ ಒಳ್ಳೆಯದು.. ಎಮರ್ಜೆನ್ಸಿ ಇದ್ದರೆ ಕರೆಯುವುದಕ್ಕೆ ಸಹಾಯವಾಗುತ್ತದೆ.

- ಯಾವಾಗಲೂ ನಿಮ್ಮ ಹಿಂದಿನ/ಮುಂದಿನ ವಿಷಯಗಳ ಬಗ್ಗೆ ಯೋಚನೆ ಮಾಡಬೇಡಿ. ದಿನಕ್ಕೆ ಕನಿಷ್ಠ ಹತ್ತು ಸಾರಿಯಾದರೂ "ನಾನು ಆರೋಗ್ಯ ವಾಗಿದ್ದೇನೆ, ಸುಖವಾಗಿದ್ದೇನೆ" ಎಂದು ಹೇಳಿಕೊಳ್ಳಿ ಇದು ತುಂಬಾ ಮುಖ್ಯ.. ಮನಸ್ಸನ್ನು ಚೈತನ್ಯಪೂರ್ಣವಾಗಿ ಲವಲವಿಕೆಯಿಂದ ಇಡಲು ಇದು ಸಹಕಾರಿ..
- ನಿಮ್ಮ ಕಷ್ಟ, ನೋವು, ಸಂಕಟ, ತೊಂದರೆ ಕಂಡ ಕಂಡವರಲ್ಲಿ ಹೇಳಿಕೊಳ್ಳಿ ಬೇಡಿ ಅದರಿಂದ ಅವರು ಅನುಕಂಪ ತೋರುವುದು ಬಿಟ್ಟು ನಿಮಗೆ ಬೇರೆ ಏನೂ ಸಹಾಯ ಮಾಡಲಾರರು.. ಅಲ್ಲದೆ ಅವರು ನಿಮ್ಮ ಅಸಹಾಯಕತೆಯನ್ನು ದುರುಪಯೋಗ ಪಡಿಸಿಕೊಳ್ಳಬಹುದು... ಹಾಂ...ಮತ್ತೊಂದು ವಿಚಾರ ಹಾಗೆ ಪುನಃ ಪುನಃ ನೀವು ಹೇಳಿಕೊಳ್ಳುವುದರಿಂದ ನೀವು ಅವುಗಳಿಂದ ಹೊರಬರಲಾರಿರಿ.. ಆ ಸಮಸ್ಯೆಗಳು ನಿಮ್ಮ ಮನಸ್ಸಿನಲ್ಲಿ ಶಾಶ್ವತವಾಗಿ ಕುಳಿತುಬಿಡುವ ಸಂಭವವಿರುತ್ತದೆ

ಇವೆಲ್ಲದರ ಜೊತೆಗೆ..

- ಹೊತ್ತು ಹೊತ್ತಿಗೆ ನೀವು ತೆಗೆದುಕೊಳ್ಳಬೇಕಾದ ಔಷಧಿ ಮಾತ್ರೆಗಳನ್ನು ತಪ್ಪದೇ ತೆಗೆದುಕೊಳ್ಳಿ..
- ಶುಚಿತ್ವಕ್ಕೆ ಮಹತ್ವ ಕೊಡಿ.. ನಿತ್ಯವೂ ಸ್ನಾನ ಮಾಡಿ..
- ಸ್ನಾನವಾದ ಬಳಿಕ 10 ನಿಮಿಷ ಧ್ಯಾನ ಮಾಡಿ.. ಕಣ್ಣು ಮುಚ್ಚಿ ಸುಮ್ಮನೆ ಕುಳಿತುಕೊಳ್ಳುವುದೇ ಧ್ಯಾನ.. ಆಗ ನಿಮ್ಮ ಮನಸ್ಸನ್ನು ಉಸಿರಿನ ಕಡೆ ಕೇಂದ್ರೀಕರಿಸಿ.. ಮನಸ್ಸಿನಲ್ಲಿ ಯಾವುದೇ ವಿಚಾರ ಬಂದರೂ ಅದರ ಕಡೆ ಗಮನ ಕೊಡದೆ, ಉಸಿರಿನ ಕಡೆ ಪುನಃ ಮನಸ್ಸನ್ನು ಎಳೆದು ತನ್ನಿ..
- ಪ್ರತಿದಿನ ಯೋಗ, ಪ್ರಾಣಾಯಾಮ ಅಥವಾ ಯಾವುದೇ ವ್ಯಾಯಾಮವನ್ನು, ನಿಮಗೆ ಸಾಧ್ಯವಾದಷ್ಟು ಮಾಡಿ.. ಇದರಿಂದ ರಕ್ತಪರಿಚಲನೆ ಸರಾಗವಾಗಿ, ಆರೋಗ್ಯದ ಮಟ್ಟ ಹೆಚ್ಚುವುದರಿಂದಿಗೆ, ರೋಗ ತಡೆಯುವ ಶಕ್ತಿ ವೃದ್ಧಿಸುತ್ತದೆ.. ಮನೆಯಲ್ಲೇ ಎರಡು ಕುರ್ಚಿಗಳನ್ನಿಟ್ಟು ಎಂಟರ (8) ಆಕಾರದಂತೆ ವಾಕಿಂಗ್ ಮಾಡಬಹುದು.. ವಾಕಿಂಗ್‌ಗಾಗಿ ಹೊರಗೆ ಹೋಗುವುದಿದ್ದರೆ ಒಬ್ಬರೇ ಹೋಗಬೇಡಿ..
- ಯಾವಾಗಲೂ ನಗುನಗುತ್ತಾ ಲವಲವಿಕೆಯಿಂದ ಆತ್ಮೀಯರೊಂದಿಗೆ (ಮನೆಯವರು, ಬಂಧು ಬಾಂಧವರು, ಸ್ನೇಹಿತರು ನೆರೆ ಹೊರೆಯವರು) ಮಾತನಾಡುತ್ತಾ, ಜೋಕ್ ಮಾಡುತ್ತಾ, ಮೊಮ್ಮಕ್ಕಳ ಜೊತೆ ಆಟವಾಡುತ್ತಾ, ದೇಶಭಕ್ತಿ ಹಾಗೂ ನೀತಿ ಕಥೆಗಳನ್ನು ಹೇಳುತ್ತಾ, ಕಿರಿಯರು ಕೇಳಿದಾಗ ಸಲಹೆ ಸೂಚನೆ ತಿದ್ದುಪಡಿಗಳನ್ನು ಕೊಡುತ್ತಾ... ಕಾಲ ಕಳೆದರೆ ಸ್ವರ್ಗಕ್ಕೆ ಕಿಚ್ಚು ಹಚ್ಚಬಹುದು..

ನಿಮಗೆ ಎಂದೆಂದಿಗೂ ಶುಭವಾಗಲಿ .....

ಸಂಗ್ರಹ : ಎಂ.ಜಿ. ವೆಂಕಟೇಶ ಮೂರ್ತಿ

## MEMBERS OF AWARD STAFF/OFFICERS OF THE BANK RETIRING DURING OCTOBER 2022

1	Meena	Head Messenger	KRISHNARAJAPET(40039)	9242934106
2	Ravindra Attavara	Spl. Associate CSS	Beeri Mangalore(32688)	9164068309
3	Gopala Krishna R S	Sr. Associate CSS	Mysore(3130)	9880711456
4	Vattaparambil Alexander Aruna	Chief Associate CSS	Gonikoppal(16282)	9008141248
5	Shiva Shankar Patil	Spl. Associate CSS	Tavarekere(40781)	9902084989
6	Ashok Hanumanthappa Waghanar	W& Ward Head Cat	Vidyanagar Br.(9297)	9591688253
7	Baburao Chandrappa Borale	Manager	RSETI RAICHUR(87897)	9449460244
8	Bibi Hussain Peeran	Head Messenger	Hospet(763)	8147846216
9	Sharada Mandya Shankaraiah	Chief Associate CSS	KuvempuNagarMys(9053)	9886511948
10	Dinesh K	Chief Associate CSS	KUNJIBETTU(16449)	9964071204
11	Sathayappa Laxman Navani	W& Ward Sr.Head Cat	Gokak(840)	9901623833
12	Subramani Ittira Mandanna	W& Ward Head Cat	Belthangadi(3356)	9449389838
13	Devaraju Sanjeeva Murthy .	Sr. Head Messenger	CAC Mysore (5218)	9880514272
14	V Nanjunda Murthy	Asst. Gen. Manager	CCPC Bengaluru(40743)	9448994695
15	Karthikeyan Sankaranarayanan	Deputy Manager	LHO Bengaluru(7704)	9880325359
16	Imam Sab Hussain Sab Boodi	Head Messenger	Yelburga(20213)	9945137806
17	Tulshikanth Vishwanath Kotharkar	Messenger/Peon	Chittakula-sada(7905)	8762911323
18	Rajamma Veeraswamy	Sr. Head Messenger	LHO Bengaluru(7704)	
19	Vasantha Kumar J	Deputy Manager	RBO 4 CHMRJNGR(63902)	9880753353
20	Gopalan Suresh	Manager	RASMECCC Myso(5213)	9880479252
21	Prabhu S	Deputy Manager	RACPC BANGALORE(4483)	9900089670
22	Sharaschandra Padmanabha Datar	Chief Manager	LHO Bengaluru(7704)	6366324950
23	Radhika S	Chief Associate CSS	JPNagar Mysore(11799)	9448206918
24	Sathish D	Sr. Head Messenger	Mangalore lore(871)	
25	Ramachandra Annarao Deshpande	Deputy Manager	R-5 NW1 BZ1(15174)	9480692138
26	Nagaraj Boraiah	Sr. Head Messenger	V C FARM(40164)	8453450016
27	Bheemappa .	Manager	RASMECCCB lgm(5214)	9448973606
28	Sudheendra Ramadas	Chief Manager S	CCGRO Bengaluru(4437)	9448993037
29	Shankar Baddu Shesi	Sr.RK/RK-Cashier/Cas	Currency Mgmt Br(40782)	9480584662
30	Shripathi M	Asst. Gen. Manager	RG 2 HASSAN MZ(40593)	9448999852

**We wish all the above Comrades a happy retired life and welcome them to become members of SBI Pensioners Association(K)**

## MEMBERS TO BE HONOURED DURING AGM ON 12TH DECEMBER, 2022

Sl.No.	MEM. No.	NAME Sri / Smt.	CITY/DISTRICT	DATE OF BIRTH	AGE
1	142	Chinchanikar B V	Belgaum	03-01-1932	90
2	1311	S V Mani	Bangalore	15-08-1932	90
3	1313	S Srinivasan	Bangalore	27-03-1932	90
4	73	Venkataraman S	Bangalore	31-03-1942	80
5	164	Parvathi Rajan	Bangalore	06-06-1942	80
6	263	Rao R S	Bangalore	15-08-1942	80
7	285	Pattabhiraman A S	Bangalore	21-05-1942	80
8	327	Yeggamma M.K	Bangalore	11-07-1942	80
9	451	Papaly A J	Bangalore	08-07-1942	80
10	510	Prakash Rao B J	Bellary	29-03-1942	80
11	626	Madhav Venkataraman Pai	Bangalore	01-02-1942	80
12	632	Hamsa Nandakumar	Bangalore	13-12-1942	80
13	635	R V Londe	Bangalore	08-06-1942	80
14	638	M Balaraj	Bangalore	01-06-1942	80
15	694	Shantha K	Bangalore	13-04-1942	80
16	735	Nandyal Sethuraman	Bangalore	11-01-1942	80
17	764	Sridharan A R	Bangaloe	18-08-1952	80
18	788	Shankaragowda N Tembad	Hubli	02-03-1942	80
19	833	Lobo Prabhu G	Bangalore	09-06-1942	80
20	857	Mulki Keshava Chandra	Mangalore	01-10-1942	80
21	875	Guru Mallappa T M	Bangalore	12-06-1952	80
22	904	Ram Mohanrao Bekal	Bangalore	26-12-1942	80
23	917	Malhari Krishna Mithare	Hubli	01-06-1942	80
24	920	Kulkarni M T	Dharwad	01-05-1942	80
25	962	Inamdar V N	Bangalore	09-08-1942	80
26	965	Rama Narayan Pandit	Hubli	01-06-1942	80
27	984	Kalyani Sridhar Rao	Bangalore	17-09-1942	80
28	1009	Ajit Purushotam Manjrekar	Bangalore	10-09-1942	80
29	1012	Tukaram Saidappa Hotkar	Bangalore	01-04-1942	80

30	1092	Vasudev .B. Havali	Dharwad	28-07-1942	80
31	1100	Navin Chandra N	Mangalore	06-07-1942	80
32	1101	Celine D'cruz	Mangalore	01-12-1942	80
33	1125	Gurappa Siddeshwar Kagatkar	Belgaum	01-12-1942	80
34	1144	H B Ramu	Bangalore	02-06-1942	80
35	1173	Nandargi K D	Bijapur	06-02-1942	80
36	1179	K S Satwari	Belgaum	25-02-1942	80
37	1186	Sathyanarayana G V	Hospet	01-07-1942	80
38	1189	G V Gundurao Babu	Bangalore	04-06-1942	80
39	1199	R Mallikarjunan	Bangalore	16-07-1942	80
40	1205	V Jayapal	Bangalore	07-05-1942	80
41	1216	P K S Narayan	Bangalore	31-10-1942	80
42	1218	V.Sheshagiri Rao	Bangalore	10-04-1942	80
43	1220	R Sundara Raman	Bangalore	12-05-1942	80
44	1224	Mruthyanjaya B Gaddi	Belgaum	09-08-1942	80
45	1225	K S Gopalakrishna	Bangalore	01-06-1942	80
46	1231	B P Sunagar	Haveri	11-11-1942	80
47	1235	R G Gurjar	Belgaum	10-11-1942	80
48	1284	Vaman Vaikunt Shanbhog	Madhya pradesh	01-06-1942	80
49	1569	Giridharilal Kuradi	Bangalore	13-07-1942	80
50	2118	Ganapati T Shetty	Uttar kannada	01-06-1942	80
51	2255	Ramasubramanian. S	Bangalore	26-10-1942	80
52	2446	Govindarajan S	Bangalore	23-07-1942	80
53	2681	Ghanashyam B Netrakar	Bangalore	07-02-1952	80
54	2785	Vinod Kumar Arya,	Bellary	08-01-1952	80
55	3010	Darbar.D.G	Bangalore	10-05-1952	80
56	3651	Ramayya Nagesh Shanbhag	Belgaum	10-08-1952	80
57	4007	Raja U Poojary	Udupi	20-05-1942	80
58	4130	P.K.Narayanamurthy	Bangalore	09-02-1942	80
59	291	Rangaprasad N	Mysore	22-01-1952	70
60	295	Malathi R S	Bangalore	25-09-1952	70
61	492	Uma Hari	Bangalore	21-08-1952	70
62	695	Kanthi Kushalappa	Bangalore	09-06-1952	70

63	700	Rathna Sirsi	Bangalore	20-04-1952	70
64	703	Shanthala G N	Bangalore	25-03-1952	70
65	736	Ranjini K	Bangalore	28-02-1952	70
66	757	Vathsalaharan	Bangalore	19-07-1952	70
67	824	Anita D Salgar	Bangalore	20-08-1952	70
68	858	Pandurang Dattatreya Satam	Belgaum	18-11-1952	70
69	884	Sujatha P Kurpad	Bangalore	21-01-1952	70
70	908	Chandra Nagarajan	Bangalore	06-09-1952	70
71	1061	Cyril Vas	Mangalore	30-05-1952	70
72	1156	R Ramamani	Bangalore	07-03-1952	70
73	1162	Padmavathi M Shinde	Bijapur	14-06-1952	70
74	1196	Sundari Sridhar	Udupi	20-06-1952	70
75	1275	R H Kakhandiki	Dharwad	17-04-1952	70
76	1344	Sumathi kamath	Mangalore	27-07-1952	70
77	1429	Divakar H S	Mysore	08-06-1952	70
78	1516	M N B Desai	Bangalore	03-02-1952	70
79	1537	V D Kadwadkar	U kannada	04-12-1952	70
80	1561	S Kumar Honde	Bangalore	25-04-1952	70
81	1577	M R U P Reddy	Bangalore	08-12-1952	70
82	1594	A S Patil	Belgaum	01-05-1952	70
83	1616	B S Pujari	Bijapur	01-06-1952	70
84	1631	Raghavendra Rao P.V	Bangalore	15-10-1952	70
85	1649	Prakash Thatti	Bangalore	23-01-1952	70
86	1662	Prakash. V	Bangalore	01-11-1952	70
87	1688	Mahaveer A Ingale	Belgaum	01-06-1952	70
88	1714	Ramchandra N Patil	Belgaum	13-10-1952	70
89	1764	Mohan R	Bangalore	01-11-1952	70
90	1765	Miss.Bernadine Fernandes Prabhu	Mangalore	20-05-1952	70
91	1835	Kalyani. K.	Mangalore	13-09-1952	70
92	1901	Shubhakanti Roy	Bangalore	07-12-1952	70
93	2078	Kulkarni M.B.	Bangalore	19-08-1952	70
94	2149	Vijaya Laxmi P.Pai	Belgaum	23-06-1952	70
95	2363	Hegde.T.M	Bangalore	08-01-1952	70

96	2364	Umanath.N	Mangalore	17-01-1952	70
97	2366	Girish Ratnakar Bijoor,	Bangalore	28-01-1952	70
98	2367	Varadaraju.K.R.	Bangalore	18-01-1952	70
99	2368	Ramchand Bheromal	Bangalore	20-01-1952	70
100	2375	R Lakshminarayana	Bangalore	22-02-1952	70
101	2377	A K Tahasildar	Bangalore	01-01-1952	70
102	2379	Rajan A V	Bangalore	21-02-1952	70
103	2382	Padma Dheerendra	Bangalore	11-03-1952	70
104	2384	Muttuswamy Gopala Iyer	Bangalore	19-03-1952	70
105	2386	Kashinathan	Bangalore	07-01-1952	70
106	2387	K Chidananda	Bellary	25-04-1952	70
107	2390	Jagadeesh D Prabhu	Bangalore	10-04-1952	70
108	2391	Abdul S Shaikh	Bangalore	07-01-1952	70
109	2392	V K Kulkarni	Belgaum	14-04-1952	70
110	2394	K G Narayanappa	Bangalore	06-04-1952	70
111	2397	K F Mamdapur	Belgaum	09-03-1952	70
112	2399	Upadhya. K.V	Bangalore	04-04-1952	70
113	2400	Ningaiah.H	Bangalore	06-02-1952	70
114	2401	Ajarekar .A.B.	Bangalore	19-04-1952	70
115	2402	Nanjamma N Murthy	Bangalore	25-03-1952	70
116	2404	Vijayalakshmi M	Bangalore	23-05-1952	70
117	2405	Vidya Shankar	Bangalore	01-06-1952	70
118	2406	Puttana H.A	Bangalore	20-05-1952	70
119	2408	Laxmidas P Rao	Mangalore	17-05-1952	70
120	2410	Umesh M Yadawad	Bangalore	01-06-1952	70
121	2412	Shivanand G Tigadi	Belgaum	27-03-1952	70
122	2413	Venkatesh Murthy H.K	Bangalore	19-01-1952	70
123	2415	G D Nadaf	Bangalore	01-06-1952	70
124	2416	Vannal S.S.	Gadag	01-06-1952	70
125	2418	Kannan.D.R	Bangalore	06-06-1952	70
126	2419	Joshi D.M	Bangalore	26-06-1952	70
127	2420	Devanna D.	Belary	01-07-1952	70
128	2421	Gangapalli R.G	Bidar	02-06-1952	70

129	2422	Sundar Rao Shoraff	Shimoga	01-07-1952	70
130	2423	Haralahalli.C.K	Ranibennur	01-06-1952	70
131	2428	Nagendra C.R	Bangalore	30-03-1952	70
132	2429	Amrith M.U	Bangalore	27-04-1952	70
133	2430	Chandrakant G.Ikkalki	Gulbarga	04-04-1952	70
134	2431	Venkateshaiah K.N	Bangalore	15-01-1952	70
135	2434	Shekar.T	Bangalore	02-06-1952	70
136	2435	Gopalakrishna Bhat.P.K	Bangalore	19-04-1952	70
137	2436	Kamakshi Vaman	Mangalore	27-06-1952	70
138	2437	Vasant D Anvekar	Dharwad	14-04-1952	70
139	2438	Lakshman.D	Bangalore	08-08-1952	70
140	2439	Gopalakrishnan.K	Bangalore	15-08-1952	70
141	2441	Vasudevan A.N	Bangalore	15-08-1952	70
142	2443	Balasaheb T Pol	Hubli	01-06-1952	70
143	2445	Somashekhar G Dharwad	Hubli	01-06-1952	70
144	2447	Kumar K.N	Bellary	01-07-1952	70
145	2451	Prabhat Kumar Shetty.P	Bangalore	05-09-1952	70
146	2454	Paul.C.P	Bangalore	17-09-1952	70
147	2455	Bakthavachalam. M	Bangalore	04-08-1952	70
148	2459	Mohan K Desai	Bangalore	12-07-1952	70
149	2460	Raghavendra Ramachandra Kurbet	Bangalore	21-03-1952	70
150	2462	Sanna Kenchaiah	Tumkur	01-11-1952	70
151	2463	Doodappa Limbappa Naik	Gadag	02-10-1952	70
152	2464	Ashok Laxmanrao Desai	Bangalore	04-10-1952	70
153	2468	Vaidyanathan S	Bangalore	20-11-1952	70
154	2469	Vinod Kumar Behal	Bangalore	02-11-1952	70
155	2471	Dheerendra S	Bangalore	18-11-1952	70
156	2472	Nagaraja Rao T.S	Bangalore	09-11-1952	70
157	2474	Mundashi Laxman Pai	Maangalore	13-08-1952	70
158	2475	Guruswamy M.B	Mysore	14-10-1952	70
159	2478	Raghavendra Rao. P	Bangalore	19-11-1952	70
160	2480	Vijaykumar L. Kalyan	Bangalore	08-06-1952	70
161	2482	Subash Kumar W.R.	Bangalore	22-11-1952	70

162	2483	Krishnaji G Dixit	Bangalore	06-09-1952	70
163	2485	Narasimha Murthy S	Bangalore	21-10-1952	70
164	2486	Swamy S.K.N	Bangalore	06-12-1952	70
165	2487	Ashok Piraji Honagekar	Belgaum	21-07-1952	70
166	2488	Arun G Dharwadkar	Belgaum	28-11-1952	70
167	2489	Rajendra S	Bangalore	12-12-1952	70
168	2490	Krishnappa H.C	Kodagu	14-06-1952	70
169	2491	Govind Bhimrao Deshpande,	Belgaum	06-10-1952	70
170	2492	Saroja S.Singh	Bangalore	26-10-1952	70
171	2493	Vijaya Kumar K.S	Bangalore	17-10-1952	70
172	2497	Padmavathi Kalmady	Udupi	13-11-1952	70
173	2500	Kuppanamada.J.Biddappa	Kodagu	22-01-1953	70
174	2501	Manoram R.S	Bangalore	22-11-1952	70
175	2502	Vijay V.Tirumale	Hubli	01-12-1952	70
176	2504	Prasad T.M	Bangalore	01-06-1952	70
177	2507	Kutub Suleman Balbatti	Dharwad	05-12-1952	70
178	2510	Ramakrishna Rao.S	Mangalore	27-11-1952	70
179	2514	Sharad N.Athavale	Bangalore	14-12-1952	70
180	2516	Kathrikolly K.Rajakumar	Kodagu	19-09-1952	70
181	2518	Suresh Babural Harer	Belgaum	18-12-1952	70
182	2532	Jerome Jacky Piedad Andrade	Belgaum	05-12-1952	70
183	2537	Pushpa Lalita Lakra	Bangalore	15-11-1952	70
184	2545	Vithal .N.Vader	Hubli	01-06-1952	70
185	2565	Asha Sudhakar	Bangalore	25-11-1952	70
186	2567	Vittal Prasad Kattula	Belgaum	18-12-1952	70
187	2593	Gururaj J Shiggavi	Dharwad	13-06-1952	70
188	2599	Arun Laxmanrao Pujar	Hubli	14-02-1952	70
189	2620	Prakash VCK	Bangalore	22-11-1952	70
190	2685	Suresh M	Mangalore	05-01-1942	70
191	2965	B Suresh Babu	Bangalore	24-08-1952	70
192	2977	P G Vanahalli	Bangalore	04-05-1952	70
193	3188	Satyaranjan Mazumder	Bangalore	22-01-1942	70

194	3320	M V Narayana	Bangalore	18-10-1952	70
195	3344	Ambadas R Ghanti	Gulbarga	13-10-1952	70
196	3348	Venkateshkumar C.K.	Bangalore	10-10-1952	70
197	3479	Surendra.I. Rotti	Gulbarga	07-08-1952	70
198	3480	S.S.Kulkarni	Gulbarga	10-12-1952	70
199	3643	Ashok Togataveer	Bangalore	22-07-1952	70
200	3661	Gurupad Siddappa Yaligar	Belgaum	03-06-1942	70
201	3840	B.Jayaprakash	Bangalore	05-01-1952	70
202	3883	M.Seeni Ariff Khan	Bangalore	15-04-1952	70
203	3905	B M Paramashivan	Bangalore	13-11-1952	70
204	4027	M.N.Srinivasa	Bangalore	29-10-1952	70
205	4031	P.Balachandra	Bangalore	17-07-1952	70
206	4082	B.Pandurangaiah	Tumkur	11-12-1952	70
207	4126	S.Srinivasa	Bangalore	28-03-1952	70
208	4131	K.S.Mohan	Bangalore	13-11-1952	70
209	4170	B.Shailaja	Tumkur	10-11-1952	70
210	4396	B.R.Sethuram	Bangalore	27-09-1952	70
211	4838	C T Kulkarni	Hubli	14-12-1952	70

### FAMILY PENSIONERS TO BE HONOURED

Sl. No.	FP NO	NAME	DOB	AGE	PLACE
1	32	SUMA HANJI	JUNE 52	70	BELGAUM
2	50	VANITHA SHIVANI	JAN 52	70	BELGAUM
3	127	SHAILAJA P	DEC 52	70	SIRSI
4	181	JAYLAKSHMI M	APRIL 42	80	BANGALORE
5	196	SHANTA H	JUNE 42	80	DAVANGERE
6	233	SAREETA BIJOOR	APRIL 22	100	BANGALORE
7	323	MUKTA Y	JAN 42	80	BANGALORE
8	396	KAMALA S	MARCH 42	80	BANGALORE
9	528	C.G. SHEELA RAO	MAY 52	70	BANGALORE
10	583	SUMATHI N	NOV 52	70	BANGALORE
11	623	SUJATHA A MAHALE	JAN 52	70	BANGALORE
12	643	C.G. ANANTHALAKSHMI	APRIL 52	70	KOLAR

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## MEMBERS TO BE HONOURED

Members who have completed 70, 80, 90, 100 years as on 31.12.2022 will be honoured before the Annual General Body meeting to be held on 20th December 2022. We have planned to complete the honouring of all the eligible members and Associate members in Bangalore before the end of November 2022. Such members will receive a letter conveying the date, venue and time.

We request the units outside Bangalore to complete this activity at their convenient place, date and time.

List of members to be honoured has been published elsewhere in this magazine.



## ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವದ ಶುಭಾಶಯಗಳು

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**Sri T. Ramesh Rao**

President

on behalf of State Bank of India

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State Bank Buildings, St. Mark's Road,

Bangalore - 560 001. Ph : 080-2594 3140

email : pensbi757@gmail.com

Website : www.sbipensionerkar.in

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